



## **Appendix B**

### **Twin Centre Girls Hockey Association**

### **COVID-19 Protocols**

Twin Centre Girls Hockey Association (TCGHA) puts the health and safety of all players, coaches, parents, and volunteers first and foremost. These protocols are designed to ensure a healthy and safe environment for all participants. All members of TCGHA are responsible for ensuring compliance with these protocols as well as following Waterloo Public Health guidelines at all times.

#### **An individual becomes unwell with symptoms of COVID-19**

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in Hericane hockey activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- An e-mail should be sent to the Hericane COVID-19 Response Team ([covid@hericaneshockey.ca](mailto:covid@hericaneshockey.ca)) to inform them of the situation. A member of the Hericane COVID-19 Response Team will contact the individual or their parent/guardian to determine if next steps are being taken regarding testing
- The TCGHA President will inform the OWHA President and/or Director of Operations of the situation as soon as possible

#### **An individual is tested for COVID-19**

- Any individual that is part of a hockey program that has been tested for COVID- 19 must not participate in hockey activities while waiting for the results of the test and not until a negative test result is received
- A member of the Hericane COVID-19 Response team will consult the Session Attendance tracking sheets to inform other participants who might have been in close contact with the individual
- Any association/team members who were in close contact with the individual should not participate in hockey activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals

## **An individual tests positive for COVID-19**

- If an individual tests positive for COVID-19, they should inform a member of the Hericane COVID-19 Response Team
- The Hericane COVID-19 Response Team will work where requested with the facility and public health officials to assist in contact tracing. The Session Attendance tracking sheets may be used to assist public health officials in informing other members who may have been in close contact with the individual
- The Hericane COVID-19 Response Team will work with the specific team, player and family. Any association/team members who were in close contact with the individual should not participate in hockey activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- The Hericane President will inform all members of a positive COVID-19 result within the hockey program setting
- The Hericane COVID-19 Response Team will inform and work with the facility in the case of a positive COVID- 19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The Hericane President will inform OWHA of a positive COVID-19 diagnosis by e-mailing [team@owha.on.ca](mailto:team@owha.on.ca)

## **Return to hockey activities following illness**

- If no test was performed, or the COVID-19 test was negative, the individual may only return to hockey activities once they go 24 hours with no symptoms of COVID-19
- Training Group Trainers will confirm with the player and family when return to hockey is appropriate

## **Return to hockey activities following COVID-19**

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.
- Currently public health is recommending the full 14 days of self-isolation or until 24 hours symptom free, whatever is later.

## **Modification/restriction/postponing or canceling of hockey development activities**

- Based on the evolving COVID-19 pandemic, the TCGHA are prepared to follow public health, municipal/provincial government, and sport recommendations regarding modifying/restricting/postponing or canceling activities
- TCGHA will be establishing a program cancellation policy and share this information on the Hericanes website
- Hericane players, coaching staff, staff and volunteers will be informed via e-mail as soon as possible of any modifications/restrictions or cancelations
- TCGHA will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials.

## **Public Health Guidelines**

TCGHA members must follow all Region of Waterloo Public Health guidelines regarding COVID-19. These may include:

- Any association/team members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club/skating school activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in hockey activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in hockey activities
- Any individual who has someone in their household showing symptoms of COVID-19, should not participate in hockey activities

